

## What is it?

Composite bonding is a procedure used to enhance or augment the shape of teeth for aesthetic reasons.

## What is composite?

Composite is a tooth coloured filling material which has evolved over the last few years, becoming one of the most versatile restorative materials we have. It is reasonably soft when it is applied to your tooth allowing it to be shaped and moulded to the ideal shape. It is then instantly set hard by a blue light meaning you can eat on them straight away.

## Why choose composite bonding?

Bonding to teeth is very different to veterinary teeth as it usually involves little to no preparation and damage to the natural tooth. Not only does this mean there is a low biological cost involved, it also means it is reversible. In addition to this, it is easy to alter the shape of it, add to it, polish it and repair it over time.

## Is composite bonding suitable for everyone?

Composite bonding helps alter the shape and appearance of your teeth. It cannot however alter the overall colour or position of your teeth. For this you will need to bleach your teeth or undergo orthodontic treatment respectively.

In order to bond to teeth, there needs to be some enamel left to bond to. For this reason, it is possible that crowns or traditional veneers may be more suitable. Dr Ahiaku will discuss these options with you at your consultation appointment.

## How long does it take?

The treatment appointment can last from 30 minutes to 2 hours depending on how many teeth are being treated. During this time, there will be a mixture of adding composite to your teeth and then carving and polishing them.

## How long does it last?

All dental treatment is definitive but not permanent. Composite is a very resilient material but it is possible to chip or break it. Fortunately, it is quite straight forward to repair or replace these restorations.

## How much does it cost?

The cost for this treatment varies. Treatment for a single tooth starts from £100.

## What do I need to do to have this done to my teeth?

Book an appointment with Dr Ahiaku today to be assessed for this treatment. Please note that in order to be eligible for this treatment you must be aged over 18, have good oral hygiene and no active dental disease. Have no fear, this will all be assessed at your appointment. Consultations cost £75 and this fee is deductible off treatment should you choose to go ahead.

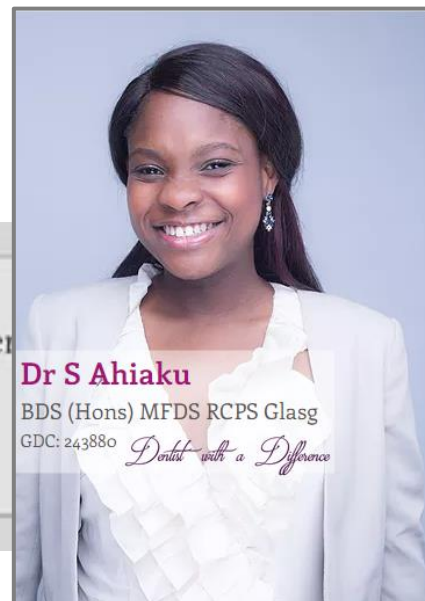
## Before and After Photos....



All of these patients were treated with direct composite veneers. Some of these patients also had tooth whitening prior to this treatment

### DR SEFAAKOR AHIAKU

is a fully qualified dental surgeon and facial aesthetics practitioner who believes dental treatment doesn't have to be intensive to achieve fantastic results. To find out more about changing your smile, book a consultation today.



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*Dentist with a Difference*